## Appendix A: Impact categories and LCIA methods used in this study

Impact category (abbreviation)	LCIA method (units)	Description
Climate change (CC)	IPCC 2013 GWP	Potential for global warming from greenhouse gas emissions.
	100a (kg CO2 eq)	
Ecosystem quality: Freshwater	ILCD 2011 Midpoint+	Acidification of soils and freshwater due to gas release.
and terrestrial acidification (FTA)	(Mol H+ eq)	
Ecosystem quality: ecotoxicity	ILCD 2011 Midpoint+	Harmful effects of toxic substances on freshwater organisms.
freshwater (ECF)	(CTUe)	
Ecosystem quality: eutrophication	ILCD 2011 Midpoint+	Changes in freshwater organisms and ecosystems caused by excess
freshwater (EUF)	(kg P eq)	nutrients.
Ecosystem quality: eutrophication	ILCD 2011 Midpoint +	Changes in marine organisms and ecosystems caused by excess
marine (EUM)	(kg N eq)	nutrients.
Ecosystem quality: eutrophication	ILCD 2011 Midpoint +	Changes in land organisms from excess nutrients in soil and air.
terrestrial (EUT)	(Molc N eq)	
Human health: cancer effects	ILCD 2011 Midpoint+	Harm to human health that causes or increases cancer risk.
(CE)	(CTUh)	
Human health: ionizing radiation	ILCD 2011 Midpoint +	Potential damage to human DNA from ionizing radiation.
(IR)	(kBq U-235 eq)	
Human Health: non-cancer	ILCD 2011 Midpoint+	Harm to human health that is not related to cancer or ionising radiation.
effects (NCE)	(CTUh)	

Human health: respiratory	PM method (Disease	Harm to human health caused by particulate matter emissions
inorganics (RI)	inc.)	(respiratory disease).
Human health: photochemical	ILCD 2011 Midpoint +	Harm to human health from gas emissions that contribute to smog in the
ozone formation (POF)	(kg NMVOC eq)	lower atmosphere.
Resource use: Land use (LU)	Soil quality index	Depletion of natural resources, change in soil quality, and reduction in
	based on LANCA (Pt)	biodiversity.
Human health: Ozone depletion	ILCD 2011 Midpoint+	Air emissions causing stratospheric ozone layer destruction.
(OD)	(kg CFC11 eq)	
Resource use: fossils FF)	CML-IA baseline (MJ)	Depletion of natural fossil fuels.
Resource use: minerals and	CML-IA baseline (kg	Depletion of natural non-fossil fuel resources.
metals (MM)	Sb eq)	
Resource use: dissipated water	AWARE (m3 depriv.)	Potential for water deprivation to humans and ecosystems globally.
(DW)		

Impact category	Unit	Normalization factor
Acidification	mol H+ eq	55.5555556
Climate change	kg CO2 eq	8097.165992
Ecotoxicity, freshwater	CTUe	42680.32437
Eutrophication, freshwater	kg P eq	1.606941989
Eutrophication, marine	kg N eq	19.54652072
Eutrophication, terrestrial	mol N eq	176.7408978
Human toxicity, cancer	CTUh	1.69E-05
Human toxicity, non-cancer	CTUh	2.30E-04
Ionising radiation	kBq U-235 eq	4219.409283
Land use	Pt	819672.1311
Ozone depletion	kg CFC11 eq	0.053648069
Particulate matter	disease inc.	5.95E-04
Photochemical ozone formation	kg NMVOC eq	40.60089322
Resource use, fossils	MJ	65019.50585
Resource use, minerals and metals	kg Sb eq	0.063653724
Water use	m3 depriv.	11469.20518

## Appendix B: Life cycle inventory for each type of hand hygiene

Bar soap inputs	Amount	Unit	Provider
Carton board box production, with			Market for carton board box production, with offset printing   carton board
offset printing	979865.8468	Kg	box production, with offset printing   Cutoff, U - GLO
			Market for electricity, medium voltage   electricity, medium voltage   Cutoff,
Electricity, medium voltage	11079.52886	Kwh	U - GB
Soap	1.28E+08	Kg	Market for soap   Soap   Cutoff, U - GLO
Tap water	1.22E+12	Kg	Market for tap water   tap water   Cutoff, U - Europe without Switzerland
Transport, freight, lorry 3.5-7.5 metric ton, EURO3	3.23E+07	Kg*km	Market for transport, freight, lorry 3.5-7.5 metric ton, EURO3   transport, freight, lorry 3.5-7.5 metric ton, EURO3   Cutoff, U - RER
Transport, freight, lorry >32 metric ton, EURO4	7.74E+10		Market for transport, freight, lorry >32 metric ton, EURO4   transport, freight, lorry >32 metric ton, EURO4   transport, freight, lorry >32 metric ton, EURO4   Cutoff, U - RER
Transport, passenger car	42213.47248	Km	Market for transport, passenger car   transport, passenger car   Cutoff, U - RER
Washing, drying and finishing			Market for washing, drying and finishing laundry   washing, drying and
laundry	1.86E+09	Kg	finishing laundry   Cutoff, U - GLO
Bar soap outputs			
Waste paperboard	979865.8468	Kg	Market for waste paperboard   waste paperboard   Cutoff, U - GB
Wastewater, unpolluted, from			Market for wastewater, unpolluted, from residence   wastewater, unpolluted,
residence	1.22E+12	L	from residence   Cutoff, U - row
Hand gel 1 inputs			
			Market for ethanol, without water, in 99.7% solution state, from fermentation
Ethanol, without water, in 99.7%			ethanol, without water, in 99.7% solution state, from fermentation   Cutoff, U -
solution state, from fermentation	9.62E+08	Kg	GLO
Glycerine	2.68E+07	Kg	Market for glycerine   Gutoff, U - RER
Hydrogen peroxide, without water,			Market for hydrogen peroxide, without water, in 50% solution state   hydrogen
in 50% solution state	3651569.712	Kg	peroxide, without water, in 50% solution state   Cutoff, U - RER

			Market for water, deionised   water, deionised   Cutoff, U - Europe without
Water, deionised	2.18E+08	Kg	Switzerland
			Market for electricity, medium voltage   electricity, medium voltage   Cutoff,
Electricity, medium voltage	1463851.872	Kwh	U - GB
			Market for electricity, medium voltage   electricity, medium voltage   Cutoff,
Electricity, medium voltage	1829814.84	Kwh	U - GB
			Electricity voltage transformation from high to medium voltage   electricity,
Electricity, medium voltage	426956.796	Kwh	medium voltage   Cutoff, U - GB
Injection moulding	6.29E+07	Kg	Injection moulding   injection moulding   Cutoff, U - RER
Polyethylene terephthalate,			Market for polyethylene terephthalate, granulate, bottle grade, recycled
granulate, bottle grade, recycled	5.71E+07	Kg	polyethylene terephthalate, granulate, bottle grade, recycled   Cutoff, U - row
			Market for polyethylene, high density, granulate   polyethylene, high density,
Polyethylene, high density, granulate	5855407.488	Kg	granulate   Cutoff, U - GLO
	10.660.7.70		Market for electricity, medium voltage   electricity, medium voltage   Cutoff,
Electricity, medium voltage	406625.52	Kwh	U - GB
Printed paper, offset	182981.484	Kg	Market for printed paper, offset   printed paper, offset   Cutoff, U - GLO
Transport, freight, lorry 3.5-7.5			Market for transport, freight, lorry 3.5-7.5 metric ton, EURO3   transport,
metric ton, EURO3	3.19E+08	Kg*km	freight, lorry 3.5-7.5 metric ton, EURO3   Cutoff, U - RER
Transport, freight, lorry >32 metric			Market for transport, freight, lorry >32 metric ton, EURO4   transport, freight,
ton, EURO4	7.65E+11	Kg*km	lorry >32 metric ton, EURO4   Cutoff, U - RER
Transport, passenger car	2.81E+07	Km	Market for transport, passenger car   transport, passenger car   Cutoff, U - RER
Hand gel 1 outputs			
Ethanol	9.43E+08	Kg	N/A: elementary flow
Ethanol	1.92E+07	Kg	N/A: elementary flow
Hydrogen peroxide	3578540	Kg	N/A: elementary flow
Hydrogen peroxide	73031.42857	Kg	N/A: elementary flow
Waste paperboard	182981.484	Kg	Market for waste paperboard   waste paperboard   Cutoff, U - GB
Waste polyethylene	5855407.488	Kg	Market for waste polyethylene   waste polyethylene   Cutoff, U - GB
Waste polyethylene terephthalate	5.71E+07	Kg	Market for waste polyethylene terephthalate   waste polyethylene terephthalate   Cutoff, U - GB

			Market for wastewater, from residence   wastewater, from residence   Cutoff,
Wastewater, from residence	2.45E+08	L	U - row
Hand gel 2 inputs			
Glycerine	2.68E+07	Kg	Market for glycerine   Gutoff, U - RER
Hydrogen peroxide, without water, in 50% solution state	3651569.712		Market for hydrogen peroxide, without water, in 50% solution state   hydrogen peroxide, without water, in 50% solution state   Cutoff, U - RER
Isopropanol	8.65E+08	Kg	Market for isopropanol   isopropanol   Cutoff, U - RER
Water, deionised	3.38E+08	Kg	Market for water, deionised   water, deionised   Cutoff, U - Europe without Switzerland
Electricity, medium voltage	1463851.872	Kwh	Market for electricity, medium voltage   electricity, medium voltage   Cutoff, U - GB
Electricity, medium voltage	1829814.84	Kwh	Market for electricity, medium voltage   electricity, medium voltage   Cutoff, U - GB
Electricity, medium voltage	426956.796	Kwh	Market for electricity, medium voltage   electricity, medium voltage   Cutoff, U - GB
Injection moulding	6.29E+07	Kg	Injection moulding   injection moulding   Cutoff, U - RER
Polyethylene terephthalate, granulate, bottle grade, recycled	5.71E+07	Kg	Market for polyethylene terephthalate, granulate, bottle grade, recycled   polyethylene terephthalate, granulate, bottle grade, recycled   Cutoff, U - row
Polyethylene, high density, granulate	5855407.488	Kg	Polyethylene, high density, granulate, recycled to generic market for high density PE granulate   polyethylene, high density, granulate   Cutoff, U - Europe without Switzerland  Market for electricity, medium voltage   electricity, medium voltage   Cutoff,
Electricity, medium voltage	406625.52	Kwh	U - GB
Printed paper, offset	182981.484	Kg	Market for printed paper, offset   printed paper, offset   Cutoff, U - GLO
Transport, freight, lorry 3.5-7.5 metric ton, EURO3	3.24E+08		Market for transport, freight, lorry 3.5-7.5 metric ton, EURO3   transport, freight, lorry 3.5-7.5 metric ton, EURO3   Cutoff, U - RER
Transport, freight, lorry >32 metric ton, EURO4	7.78E+11	Kg*km	Market for transport, freight, lorry >32 metric ton, EURO4   transport, freight, lorry >32 metric ton, EURO4   Cutoff, U - RER
Transport, passenger car	2.81E+07	Km	Market for transport, passenger car   transport, passenger car   Cutoff, U - RER
Hand gel 2 input	_		

2-Propanol (Elementary			
flows/Emission to air/high			
population density)	8.47E+08	Kg	N/A: elementary flow
2-Propanol (Elementary			N/A: elementary flow
flows/Emission to water/unspecified)	1.73E+07	Kg	
Hydrogen peroxide (Elementary			N/A: elementary flow
flows/Emission to air/unspecified)	3580000	Kg	
Hydrogen peroxide (Elementary			N/A: elementary flow
flows/Emission to water/unspecified)	73000	Kg	
Waste paperboard	182981.484	Kg	Market for waste paperboard   waste paperboard   Cutoff, U - GB
Waste polyethylene	5855407.488	Kg	Market for waste polyethylene   waste polyethylene   Cutoff, U - GB
Waste polyethylene terephthalate	5.71E+07	Kg	Market for waste polyethylene terephthalate   waste polyethylene terephthalate   Cutoff, U - GB
			Market for wastewater, from residence   wastewater, from residence   Cutoff,
Wastewater, from residence	3.65E+08	L	U - row
Liquid soap inputs			
Soap	4.94E+08	Kg	Market for soap   Soap   Cutoff, U - GLO
Electricity, medium voltage	686180.565	Kwh	Market for electricity, medium voltage   electricity, medium voltage   Cutoff, U - GB
Electricity, medium voltage	160108.7985	Kwh	Market for electricity, medium voltage   electricity, medium voltage   Cutoff, U - GB
Injection moulding	2.36E+07	Kg	Injection moulding   injection moulding   Cutoff, U - RER
Polyethylene terephthalate,			Market for polyethylene terephthalate, granulate, bottle grade, recycled
granulate, bottle grade, recycled	2.14E+07	Kg	polyethylene terephthalate, granulate, bottle grade, recycled   Cutoff, U - row
			Polyethylene, high density, granulate, recycled to generic market for high
Polyethylene, high density, granulate	2195777.808	Kg	density PE granulate   polyethylene, high density, granulate   Cutoff, U - Europe without Switzerland
			Market for electricity, medium voltage   electricity, medium voltage   Cutoff,
Electricity, medium voltage	152484.57	Kwh	U - GB
Printed paper, offset	68618.0565	Kg	Market for printed paper, offset/printed paper, offset/Cutoff, U-GLO

Tap water	1.22E+12	Kg	Market for tap water   tap water   Cutoff, U - Europe without Switzerland
Washing, drying and finishing			Washing, drying and finishing laundry   washing, drying and finishing laundry
laundry	1.86E+09	Kg	Cutoff, U - GLO
Transport, freight, lorry 3.5-7.5			Market for transport, freight, lorry 3.5-7.5 metric ton, EURO3   transport,
metric ton, EURO3	1.29E+08	Kg*km	freight, lorry 3.5-7.5 metric ton, EURO3   Cutoff, U - RER
Transport, freight, lorry >32 metric			Market for transport, freight, lorry >32 metric ton, EURO4   transport, freight,
ton, EURO4	3.11E+11	Kg*km	lorry >32 metric ton, EURO4   Cutoff, U - RER
Transport, passenger car	1.05E+07	Km	Market for transport, passenger car   transport, passenger car   Cutoff, U - RER
Liquid soap outputs			
Wastewater, unpolluted, from			Market for wastewater, unpolluted, from residence   wastewater, unpolluted,
residence	1.22E+12	L	from residence   Cutoff, U - row
Waste paperboard	68618.0565	Kg	Market for waste paperboard   waste paperboard   Cutoff, U - GB
Waste polyethylene	2195777.808	Kg	Market for waste polyethylene   waste polyethylene   Cutoff, U - GB
			Market for waste polyethylene terephthalate   waste polyethylene terephthalate
Waste polyethylene terephthalate	2.14E+07	Kg	Cutoff, U - GB